



2022 PACKAGES

FQPL

\$1,350 (including GST)

FEE INCLUSIONS ARE:

Minimum C Licensed FFA Accredited Coach

All referee fees

1 x Training kits (1 x shirt, 1 x short, 2 x socks)

Club Polo

Boot bag

Water bottle

Selected games filmed and analysis performed for use with coaches and personal use through the Veo system

Smartabase Load Management platform for player reviews, goal setting, injury management etc

Strength & Conditioning/Speed training every 3 weeks with Revolve Athletic plus 3 testing days with Fusion Speed gates during the season

Presentation Day (including trophies and team photo)

Sports Trainer at all games

Access to club physio for injury assessment/triage

Nutrition seminar

Includes Volunteer Levy of \$100. If you volunteer 4 hours or more, \$100 is refunded at season end.

2022



LIONS FC

**HEART.
PRIDE.
PASSION.**